

WEEK OF THE MONTH	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1st</b>	930a-12p Counselling (Marita) 10a-12p: Medical Doctor consultation (Dennis)	9a-12p: Medical Doctor Consultations (Det) 10a-12p: Qi Gong@Carewell 12-3p: Support Gp@Carewell 2-330p: Bible Gp@Carewell 330-530pm: Art@Carewell	10a-12p: Collage Classes @Carewell (Toots) 10a-12p: Medical Doctor consultation (Cherry)	10a-12p: Qi Gong@Carewell 12-3p: Support Gp@Carewell 3-5pm: Art Class@Carewell	10a-12p: Medical Doctor consultation (Dennis) 3-5p: Medical Doctor consultation (Tintin/Nina)	2:30p-5pm GriefShare at GCF Bldg. Pasig
<b>2nd</b>	930a-12p Counselling (Marita) 10a-12p: Medical Doctor consultation (Dennis)	9a-12p: Medical Doctor Consultations (Det) 10a-12p: Qi Gong@Carewell 12-3p: Support Gp@Carewell 2-330p: Bible Gp@Carewell 330-530pm: Art@Carewell	10a-12p: Medical Doctor consultation (Cherry) 10a-12p: Collage Classes @Carewell (Toots) 1030am-1230pm Alabang Support Group 530p-730pm Carewell Happy Hour	10a-12p: Qi Gong@Carewell 1p-3pm: Spt Gp@Carewell 2-430p: Counseling (Jelly) 3-5pm: Art Class@Carewell	10a-12p: Medical Doctor consultation (Dennis) 3-5p: Medical Doctor consultation (Tintin/Nina)	2:30p-5pm GriefShare at GCF Bldg. Pasig
<b>3rd</b>	930a-12p Counselling (Marita) 10a-12p: Medical Doctor consultation (Dennis)	9a-12p: Medical Doctor Consultations (Det) 10a-12p: Qi Gong@Carewell 12-3p: Support Gp@Carewell 2-330p: Bible Gp@Carewell 330-530pm: Art@Carewell	10a-12p: Collage Classes @Carewell (Toots) 10a-12p: Medical Doctor consultation (Cherry)	10a-12p: Qi Gong@Carewell 12-3p: Support Gp@Carewell 3-5pm: Art Class@Carewell 2-430p: Counseling (Jelly)	10a-12p: Medical Doctor consultation (Dennis) 3-5p: Medical Doctor consultation (Tintin/Nina)	2:30p-5pm GriefShare at GCF Bldg. Pasig
<b>4th</b>	930a-12p Counselling (Marita) 10a-12p: Medical Doctor consultation (Dennis)	9a-12p: Medical Doctor Consultations (Det) 10a-12p: Qi Gong@Carewell 12-3p: Support Gp@Carewell 2-330p: Bible Gp@Carewell 330-530pm: Art@Carewell	10a-12p: Medical Doctor consultation (Cherry) 10a-12p: Collage Classes @Carewell (Toots) 1030am-1230pm Alabang Support Group 530p-730pm Carewell Happy Hour	10a-12p: Qi Gong@Carewell 1p-3pm: Spt Gp@Carewell 2-430p: Counseling (Jelly) 3-5pm: Art Class@Carewell	10a-12p: Medical Doctor consultation (Dennis) 3-5p: Medical Doctor consultation (Tintin/Nina)	2:30p-5pm GriefShare at GCF Bldg. Pasig

All our activities are free and held at Carewell unless otherwise stated.  
 To join any, for more details, or for the most updated schedules, contact Carewell.  
 Some activity schedules are subject to change.  
 Our counselling dates may be scheduled by appointment



**CAREWELL**

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