

JUNE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6
930a-12p Counselling (Marita)	9a-12p: Medical Doctor Consultations (Roselle&Det) 10a-4p: Counseling (Fe)		9a-12p: Medical Doctor consultation (Johann)	Carewell Respite Wkend	Carewell Respite Wkend
10a-12p: Medical Doctor consultation (Dennis)	10a-12 p: Support Group at Veterans Hospital		10a-12 p: Support Group at Veterans Hospital	10a-12p: Medical Doctor consultation (Dennis)	2:30p-5pm
6:30p-8pm: Centering Prayer Support Group at Rockwell	10a-12p: Qi Gong@Carewell 12p-1pm: Pilates@Carewell 12-3p: Support Gp@Carewell 2-330p: Bible Gp@Carewell 330-530pm: Art@Carewell	10a-12p: Medical Doctor consultation (Cherry)	10a-12p: Qi Gong@Carewell 12p-1pm: Pilates@Carewell 12-3p: Support Gp@Carewell 3-5pm: Art Class@Carewell	3-5p: Medical Doctor consultation (Tintin/Nina)	GriefShare at GCF Bldg. Pasig
8	9	10	11	12	13
930a-12p Counselling (Marita)	9a-12p: Medical Doctor Consultations (Roselle&Det) 10a-4p: Counseling (Fe)	10a-12p: Medical Doctor consultation (Cherry)	9a-12p: Medical Doctor consultation (Johann)	HOLIDAY CAREWELL CLOSED	
10a-12p: Medical Doctor consultation (Dennis)	10a-12 p: Support Group at Veterans Hospital	Carewell MOU signing at Perpetual Hospital	10a-12p: Qi Gong@Carewell 12p-1pm: Pilates@Carewell 1p-3pm: Spt Gp@Carewell 2-430p: Counseling (Jelly)	10a-12p: Medical Doctor consultation (Dennis)	2:30p-5pm
6:30p-8pm: Centering Prayer Support Group at Rockwell	10a-12p: Qi Gong@Carewell 12p-1pm: Pilates@Carewell 12-3p: Support Gp@Carewell 2-330p: Bible Gp@Carewell 330-530pm: Art@Carewell	1030am-1230pm Alabang Support Group 530p-730pm: Azure Café Carewell Happy Hour	3-5pm: Art Class@Carewell	3-5p: Medical Doctor consultation (Tintin/Nina)	GCF Bldg. Pasig
15	16	17	18	19	20
930a-12p Counselling (Marita)	9a-12p: Medical Doctor Consultations (Roselle&Det) 10a-4p: Counseling (Fe)		9a-12p: Medical Doctor consultation (Johann)		
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22/29	23/30	24	25	26	27
930a-12p Counselling (Marita)	9a-12p: Medical Doctor Consultations (Roselle&Det) 10a-4p: Counseling (Fe)	10a-12p: Medical Doctor consultation (Cherry)	9a-12p: Medical Doctor consultation (Johann)		
10a-12p: Medical Doctor consultation (Dennis)	10a-12 p: Support Gp@Vets	1030am-1230pm Alabang Support Group 530p-730pm: Azure Café Carewell Happy Hour	10a-12p: Qi Gong@Carewell 12p-1pm: Pilates@Carewell 1p-3pm: Spt Gp@Carewell 2-430p: Counseling (Jelly)	10a-12p: Medical Doctor consultation (Dennis)	2:30p-5pm
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*All our activities are free and held at Carewell unless otherwise stated. To join any, for more details, or for the most updated schedules, contact Carewell.
Some activity schedules are subject to change. Other counselling dates may be scheduled by appointment.*



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