Oct-09

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 12-3p: Support Gp@Carewll **3-5pm: Art Class@Carewell**	2 10a-12p: Medical Doctor consultation (Dennis) 3-5p: Medical Doctor consultation (Tintin/Nina)	3 2:30p-5pm GriefShare at GCF Bldg. Pasig
5 930a-12p Counselling (Marita) 10a-12p: Medical Doctor consultation (Dennis) 6:30p-8pm: Centering Prayer Support Group at Rockwell	6 9a-12p: Medical Doctor Consults (Det) **10a-4p: Counseling (Fe)** 10a-12 p: Support Group at Veterans Hospital 10a-12p: Qi Gong@Carewell 12-3p: Support Gp@Carewll **2-330p: Bible Gp@Carewll** **330-530pm: Art@Carewell**	7 10a-12p:Medical Doctor consultation (Cherry) 1030am-1230pm Alabang Support Group	8 10a-12p: Qi Gong@Carewell 1p-3pm: Spt Gp@Carewell 2-430p: Counseling (Jelly) **3-5pm: Art Class@Carewell**	9 10a-12p: Medical Doctor consultation (Dennis) 3-5p: Medical Doctor consultation (Tintin/Nina)	10 2:30p-5pm GriefShare at GCF Bldg. Pasig
12 930a-12p Counselling (Marita) 10a-12p: Medical Doctor consultation (Dennis) 6:30p-8pm: Centering Prayer Support Group at Rockwell	13 9a-12p: Medical Doctor Consults (Det) **10a-4p: Counseling (Fe)** 10a-12 p: SupGp@Vets 10a-12p: Qi Gong@Carewell 12-3p: Support Gp@Carewll **2-330p: Bible Gp@Carewll** **330-530pm: Art@Carewell**	14 930a-1130a AWCP October meeting - 10a-12p:Medical Doctor consultation (Cherry)	15 10a-12p: Qi Gong@Carewell 12-3p: Support Gp@Carewll **3-5pm: Art Class@Carewell** 2-430p: Counseling (Jelly)	16 10a-12p: Medical Doctor consultation (Dennis) 3-5p: Medical Doctor consultation (Tintin/Nina)	17 2:30p-5pm GriefShare at GCF Bldg. Pasig
19 930a-12p Counselling (Marita) 10a-12p: Medical Doctor consultation (Dennis) 6:30p-8pm: Centering Prayer Support Group at Rockwell	20 9a-12p: Medical Doctor Consults (Det) **10a-4p: Counseling (Fe)** 10a-12 p: Support Gp@Vets 10a-12p: Qi Gong@Carewell 12-3p: Support Gp@Carewll **2-330p: Bible Gp@Carewll** **330-530pm: Art@Carewell**	21 10a-12p:Medical Doctor consultation (Cherry) 1030am-1230pm Alabang Support Group	22 10a-12p: Qi Gong@Carewell 1p-3pm: Spt Gp@Carewell 2-430p: Counseling (Jelly) **3-5pm: Art Class@Carewell**	23 10a-12p: Medical Doctor consultation (Dennis) 3-5p: Medical Doctor consultation (Tintin/Nina)	24 U.S. Embassy Shopper's Day Bazaar 9a-430p WTC 2:30p-5pm GriefShare at GCF Bldg. Pasig
26 930a-12p Counselling (Marita) 10a-12p: Medical Doctor consultation (Dennis) 6:30p-8pm: Centering Prayer Support Group at Rockwell	27 27 Consults (Det) **10a-4p: Counseling (Fe)** 10a-12 p: Support Gp@Vets 10a-12p: Qi Gong@Carewell 12-3p: Support Gp@Carewll **2-330p: Bible Gp@Carewll** **330-530pm: Art@Carewell**	28 10a-12p:Medical Doctor consultation (Cherry) 1030am-1230pm Alabang Support Group 530p-730pm: Azure Café Carewell Happy Hour	29 10a-12p: Qi Gong@Carewell 1p-3pm: Spt Gp@Carewell 2-430p: Counseling (Jelly) **3-5pm: Art Class@Carewell**	30 10a-12p: Medical Doctor consultation (Dennis) 3-5p: Medical Doctor consultation (Tintin/Nina)	31 2:30p-5pm GriefShare at GCF Bldg. Pasig

All our activities are free and held at Carewell unless otherwise stated. To join any, for more details, or for the most updated schedules, contact Carewell.

Some activity schedules are subject to change. Other counselling dates may be scheduled by appointment.

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